

WHAT'S HAPPENING IN YOUR CAFÉ?

We are celebrating Earth Month in all three dining rooms. Consider going trayless on Tuesdays!

SMALL CHANGES MAKE A BIG DIFFERENCE!

Pledge to reduce food waste and together we can do more for our school, community, and environment!



LOVE
FOOD
NOT
WASTE

FOOD & WELLNESS



DID YOU KNOW?

Yogurt has "good" bacteria called probiotics that help keep our digestive and immune systems healthy.

FEATURED RECIPE

Avocado Tomato Salad — featured April 15 and 16

INGREDIENTS:

- 1 cup diced avocado
- 1 cup diced tomatoes
- ¼ cup finely chopped red onion
- 2 minced jalapenos
- 1 tbsp fresh lemon juice
- ¼ cup chopped cilantro
- ½ tsp kosher salt
- 1/8 tsp ground black pepper.

