Revved-Up Molto Marinara

Makes 12 servings



Garlic cloves, chopped

Onion, finely diced

Carrot, finely chopped

Mushrooms, sliced thin

Red bell pepper

Olive oil

Parsnip, diced

Celery, diced

Granulated sugar

Fresh oregano, chopped

Kosher salt

Crushed red pepper

Crushed tomatoes, canned - include liquid

Tomato puree, canned

Fresh basil, chopped

Spinach, chopped

Fresh Italian parsley, chopped

Water



1 Tablespoon

1/3 cup

2 Tablespoons

1/4 cup

1/4 cup

2 ½ teaspoons

1 Tablespoon

2 Tablespoons

3/4 Tablespoon

1/8 teaspoon

½ teaspoon

1/8 teaspoon

3 14-15 ounce cans

3 14-15 ounce cans

2½ Tablespoons

½ cup

11/2 teaspoons

1/4 cup

Method

- Sauté onions and garlic in olive oil until translucent. Add carrots, celery, peppers, mushrooms and parsnips and continue to sauté for 3-5 minutes.
- 2. Add tomatoes, tomato puree and water. Add sugar, oregano, basil, red pepper and salt. Simmer 45 minutes. Puree with immersion blender.
- 3. Add spinach and parsley and simmer for additional 10 minutes.