

Important Notice Regarding Captain's Practices for 2009-10

The Minnesota State High School League permits Captain's Practices — primarily for the purpose of physical conditioning — which are organized and conducted by the students. Students may participate in Captain's Practices provided that salaried or non-salaried personnel **are not** involved in any capacity.

Please be advised that, in accordance with Minnesota State High School League rules, Captain's Practices are not supervised by coaches or any other Breck School staff. As such, parents, guardians and student athletes should be aware that the student athlete is participating at his or her own risk.